

I offer short-term and long-term psychotherapy; crisis interventions; and psychotherapeutic consultations.

I am committed to providing the service, attentiveness, reliability and results you deserve. Privacy and confidentiality are guaranteed. I am an experienced therapist who is fully trained and licensed to offer the following solutions and services:

Solutions for:**Services:**

Individuals

Individual counseling and psychotherapy
Support groups and group therapy

Couples

Couple and marital therapy and counseling
Couple and marital support groups and group therapy

Parents

Parent therapy and counseling
Parent support groups and group therapy

Families

Family therapy and counseling

Groups

Multiple-session support groups and group therapy
Single-session group workshops

To make an appointment call 718 360 3144 or email me mz@mzolek-psychotherapy.com