I offer short-term and long-term psychotherapy; crisis interventions; and psychotherapeutic consultations.
I am committed to providing the service, attentiveness, reliability and results you deserve. Privacy and confidentiality are guaranteed. I am an experienced therapist who is fully trained and licensed to offer the following solutions and services:
Solutions for:□□
Services:
Individuals
Individual counseling and psychotherapy Support groups and group therapy
Couples
Couple and marital therapy and counseling Couple and marital support groups and group therapy
Parents

Parent therapy and counseling Parent support groups and group therapy
Families
Family therapy and counseling
Groups
Multiple-session support groups and group therapy Single-session group workshops
To make an appointment call 718 360 3144 or email me mz@mzolek-psychotherapy.com